

Consent For Chemical Peel / Silkpeel / Microdermabrasion

Chemical peels, SilkPeels, and microdermabrasions are dermatologic procedures used to improve skin texture and tone. They are performed primarily to treat acne, abnormal pigmentation, fine lines, wrinkles, and/or scarring. Multiple repeated treatments may be necessary to achieve the desired results. As with any procedure, results may vary from one individual to the next.

Possible side effects include, but are not limited to: permanent redness, extreme redness, local swelling, stinging, tenderness, dry skin, flaking, lightening or darkening of the skin, infections, pimples, bumpy appearance, and cold sores. Most side effects are minimal, temporary, and generally subside within 72 hours.

For patients with a history of cold sores, it may be necessary to obtain a prescription for Valtrex prior to the treatment to prevent an outbreak. It is also important to discontinue: alpha-hydroxy acids, glycolic acids, retinoids (Retin-A, tretinoin, Differin, Tazorac, EpiDuo) as well as and bleaching creams (hydroquinone, Tri-Luma, Epiquin), for 2-4 days before and after the procedure.

If significant stinging or discomfort occurs, apply a cool compress for 15-20 minutes at a time to reduce swelling and inflammation. Hydrating and soothing antioxidants should be used to help in the healing process. Your provider can advise you as to which of these is appropriate for your skin type. It is very important to avoid sun exposure for 72 hours after the procedure and to use a sunblock with at least an SPF 30 at all times.

Chemical peels/SilkPeel/microdermabrasions are not advisable in patients who have been on isotretinoin (Accutane) within the past 12 months.

Please inform the provider prior to your procedure if you are pregnant.

CONSENT:

Your physician has explained this procedure to you and your questions have been answered. You may request a copy of this consent form. Your consent for this procedure is strictly voluntary.

The nature and purpose of this procedure, with the alternative methods of treatment and complications, have been fully explained to your satisfaction. No guarantee has been given by anyone as to the results that may be obtained by this treatment.

By signing, you acknowledge that you have read this informed consent and certify that you understand its contents in full. You have had enough time to consider the information from your physician and feel that you are sufficiently advised to consent to this procedure. You hereby authorize and direct Teresa Mann, M.D. and/or designated associates and assistants of her choice, to perform chemical peels, microdermabrasions, and/or SilkPeels.

I agree to call and inform my practitioner of any complications or concerns I may have as soon as they occur.

I understand that the cost of the treatment will be due at the time of service and that since most uses of microdermabrasion and/or chemical peels are considered cosmetic, they are generally not reimbursable by government or private healthcare insurers.



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