

## Consent For Coolsculpting

The CoolSculpting procedure uses a non-invasive vacuum applicator to draw in tissue and deliver controlled cooling at the surface of the skin. The procedure is for spot reduction of fat. It is not a weight-loss solution and it does not replace traditional methods such as liposuction. Someone who is overweight can expect to see less visible improvement than someone who has smaller fat deposits. Clinical studies have shown that CoolSculpting will naturally remove fat cells but, as with most procedures, visible results will vary from person to person.

### WHAT TO EXPECT

The suction pressure may cause sensations of deep pulling, tugging, and pinching. You may experience intense stinging, tingling, aching or cramping as the treatment begins. These sensations generally subside as the area becomes numb.

The treated area may look or feel stiff after the procedure and transient blanching (temporary whitening of the skin) may occur. You may feel a sense of nausea or dizziness as your body naturally warms and sensation returns to your treatment area. These are all normal reactions that typically resolve within minutes.

Bruising, swelling, and tenderness can occur in the treated area and it may appear red for a few hours after the applicator is removed.

You may feel a dulling sensation in the treated area that can last for several weeks after your procedure. Other changes including deep itching, tingling, numbness, tenderness to the touch, pain in the treated area, strong cramping, muscle spasms, aching and/or soreness, also have been reported after a CoolSculpting treatment.

Patient experiences will differ. Some patients may experience a delayed onset of the previously mentioned occurrences. Contact us immediately if any unusual side effects occur or if symptoms worsen over time.

You may start to see changes as early as three weeks after CoolSculpting, and you will experience the most dramatic results after one to three months. Your body will continue naturally to process and remove the injured fat cells from your body for approximately four months after your procedure.

You may decide that additional treatments are needed to reach your desired outcome.

In rare cases, patients have reported hardness, discrete nodules or a paradoxical enlargement of the treatment area. It is important you understand that these and other unknown side effects may occur.

The degree of fat loss and duration of the effect may vary in different people. Payment is expected at the time of the treatment, which is before the extent of success is determined.

Pictures will be obtained for medical records. If pictures are used for education and marketing purposes, all identifying marks will be removed.



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### CONSENT:

Your physician has explained this procedure to you and all your questions have been answered. You may request a copy of this consent form. Your consent for this procedure is strictly voluntary. The nature and purpose of this procedure, with the alternative methods of treatment and complications, have been fully explained to your satisfaction and all of your questions have been answered. No guarantee has been given by anyone as to the results that may be obtained by this treatment.

I have read this informed consent and certify that I understand its contents in full. I have had enough time to consider the information from my physician and feel that I am sufficiently advised to consent to this procedure. By signing you hereby grant authority to your physician and/or her designated staff to perform CoolSculpting.



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